

EXERCISE BIOLOGY, MINOR

College of Biological Sciences

This minor allows non-NPB and non-Human Biology majors to learn how physical activity levels impact human form and function. The courses are designed to foster intellectual curiosity, problem-solving and critical thinking skills, in the context of understanding organismal animal (including human) biology.

Faculty Advisors

William DeBello, Ph.D. (<https://biology.ucdavis.edu/people/william-debello/>), Talitha van der Meulen, Ph.D. (<https://biology.ucdavis.edu/people/talitha-van-der-meulen/>)

Advising

Biology Academic Success Center (BASC) (<https://basc.biology.ucdavis.edu/>) in 1023 Katherine Esau Science Hall (formerly Sciences Laboratory Building); 530-752-0410, cbsundergrads@ucdavis.edu.

Only one course used to satisfy a requirement for the minor may be applied toward a student's major.

Code	Title	Units
Choose at least 15 units:		15
EXB 101	Exercise Physiology	
EXB 110	Exercise Metabolism	
EXB 112	Clinical Exercise Physiology	
EXB 117	Exercise & Aging in Health & Disease	
EXB 124	Physiology of Maximal Human Performance	
EXB 125	Neuromuscular & Behavioral Aspects of Motor Control	
NPB 109	Kinesiology: Analysis & Control of Human Movement	
Exercise Biology or other approved course; an additional 3 upper division units from either the previous list of Exercise Biology (EXB) courses or from:		3
BIS 101	Genes & Gene Expression	
or BIS 101V	Genes & Gene Expression	
BIS 104	Cell Biology	
BIS 105	Biomolecules & Metabolism	
EXB 106/CHA 101	Human Gross Anatomy	
NPB 101	Systemic Physiology	
Total Units		18